

Wantirna College

Café Menu

JAN 2019

From The Deli Bar Fridge		\$	From The Salad Bar (Daily Special)	\$
Seasonal Fresh Fruit (GF)	FROM	1.00	Moroccan Cous Cous Salad (VE)	5.00
Fruit Salad (Made Fresh Daily) (GF) (VE)	FROM	4.00	Quinoa Salad (VE) (GF)	5.00
Yoghurt with Muesli		3.70	Thai Noodle Salad (VE) (GF)	5.00
Croissant (Filled extra 50 cents)		3.70	Chicken Caesar Salad (GF)	6.00
Toast with Choice of Spreads (Vegemite, Nutella, Jam)(VR)		1.00	Greek Salad (V) (GF)	5.00
Dip and Zatar Bread (VE)		2.50	With Chicken, Tuna or Beef (H)	6.00
Frittata (Vegetarian)		4.50	Gourmet Panini	
Sushi Rolls (Californian, Vegetarian, Chicken & Tuna)(GF)		2.60	Ham, cheese and Tomato	4.50
Freshly-Made sandwiches			Mediterranean Vegetable (V)(VR)	5.50
\$1.00 Extra For Rolls		\$	Tandoori or BBQ Chicken (H)	5.50
(Gluten Free Sandwiches and Wraps upon request)			Chicken Schnitzel (H)	5.50
Cheese & Tomato (V)		3.50	Drinks	
Ham & Cheese		3.50	Apple / Orange (350ml)	3.50
Ham, Cheese & Tomato		4.00	Up and Go	3.20
Salad (Lettuce, Tomato, Carrot, Cucumber, & Light Mayo) (V)(VR)		4.30	Oak- 300ml	2.60
Egg & Lettuce (V)		4.00	Oak- 600ml	3.60
Cheese & Salad (V)		4.50	Ice Break - 500ml	3.60
Roast Chicken & Salad (H)		4.50	Bottled Water (500ml)	2.50
Ham & Salad		4.50	Bottled Water (750ml)	3.80
Gourmet Wraps		5.50	Soft Drink Can (Sugar Free)	2.00
From The Hot Food Bar (\$0.20 Extra For Sauces)		\$	Lightly Sparking Water (Lime, Berry or Plain))	3.00
Egg and Bacon Muffin (cheese extra 50 cents)		3.20	Soft Drink 600ml Bottle (Sugar Free)	3.70
Brekky Wrap (bacon, egg and hashbrown with BBQ sauce)		4.70	Iced Tea 500ml Bottle (Low Sugar)	3.70
Hash Browns (Oven Baked) (H)(GF)(VE)		1.00	From the Café Bar	
Steamed Dim Sim (H)		1.00	Hot Chocolate	3.00
Homemade Sausage Roll		4.00	Café Latte (Lite / Full Cream Milk)	3.00
Pies		3.70	Cappuccino (Lite / Full Cream Milk)	3.00
Zinger Pocket or Burger (H)		5.50	Flat White (Lite / Full Cream Milk)	3.00
Chicken/ Beef Burger (H) (with lettuce)	FROM	4.50	Chai Latte	3.50
Oven Baked Wedges (H)(VE)		3.30	Espresso / Short Macchiato	2.50
Sweet Chili Chicken Tender (each) (H)		2.30	Long Macchiato	3.00
Sweet Chili Chicken Tender Wrap (H)		4.50	EXTRAS	
Vegetarian Spring Rolls (H)(VE)		3.00	Soy Milk/ Strong / Extra Shot	0.50
Devil Wings (H)		3.70	Medium Cup	3.50
Homemade Pizza Slice		4.00	Extra Large Cup	4.50
Beef or Vegetarian Nachos (H) (GF) (VR)	FROM	4.50	Ice Cream	
Chicken Souvlaki (H)		5.50	Calippo	1.00
Chicken Parma Wrap (H)		5.50	Icy Twist	1.00
Variety of Pasta(Spiral, Lasagne, Tortellini, Ravioli)(GFO, VR)	FROM	4.50	Paddle Pop	1.70
Variety of Rice (GF, VR), Curry, Noodle Meals	FROM	4.50	Paddle Pop Thick Shake	2.80
Roast Beef Roll (H)		5.50	Frozen Yoghurt Cup	1.70
Homemade Soup of the day (S) (H) (VE)(S)(GF)		4.50	Snacks	
Spinach and Cheese Spanakopita (H)(V)(VR)		5.00	Muffins (chocolate, blueberry, apple & cinnamon etc)	3.50
Pide (Spinach or Lamb) (H) (VR)		5.50	Cake Slices	2.50
Baked Potato (Vegetarian, Beef (H) or Bacon) (S)(GF)		5.00	Slices	2.00
			Red Rock Deli Chips (GF)	2.50

LUNCH ORDERS

HOW TO ORDER

1. Place order at café with staff prior to 9am
2. Pay staff at time of order
3. Collect order from Café at lunch break

Note:

1. Items may not be available due to supplier stock - similar product will be provided.
2. Gluten Free and other Dietary needs are required to be pre-ordered

H – Halal
V – Vegetarian
S – Seasonal
GF – Gluten Free
GFR – Gluten Free Upon Request
VE – Vegan
VR – Vegan upon Request



BOCCA FOODS
Healthy Home-Made Meals